WASHINGTON LIGHTWEIGHT BOXERS READY FOR THE BELL

SULLIVAN AND LOWE **POINTERS**

To Weigh 133 at 6 P. M. and Fight Fifteen Rounds.

By THOMAS S. RICE.

These be busy days for Kid Sullivan-and Fommy Lowe, the Washington lightweights—and their sparring part-ners—preparing for the big scrap of fitteen rounds in Baltimore tomorrov night before Al Herford's Eureka Athletic Club in Germania Maennercho

They are to weigh 133 pounds at 6 p. m. tomorrow. This will give Sullivan no trouble, but Lowe must get off about four pounds. He only got the fight Friday afternoon, when Herford learned that Dave Deshler, who was originally to meet Sullivan, had broken his arm on Wednesday, and, while he had been doing light training, he was not at weight by any means. Within twenty minutes after agreeing to take the match Lowe was at work. His first stunt was a little boxing set-to with Aleck Brown for three rounds. It was supposed to be a mere warming up, but as a matter of fact they were at It haminer and tongs.

Rivals Training Rivals. Brown is preparing for his grudge match with Jim Janey, who rung in a bum watch on Aleck a few days ago and forced that unfortunate smoke to go four or five rounds of five or six minutes each, and then, when Aleck was nearly all in from exhaustion, Janey finished the job with a right swing on the jaw.

Janey is training Kid Sullivan and at the same time preparing for Brown. The fierce combat between the two dusky sparring partners will take place as the semi-windup to the Lowe-Sulli-van fight and will be refereed by Pat

Good Weight for Both.

How They Dope It Out.

while Lowe was not as clever or as experienced as he has now become Since then, Sullivan has met with reverses, and the Lowe camp claims he is neither as shifty nor possessed of as him from fighting into the body, which Each human constitution is a science is Sullivan's best trick. Also, Lowe within itself, and for a doctor to underadelphia to cover and stall for time.

years.

win than Sully and and Lower Lacy with the Sully and Lacy with the was precipitated.

THEY SETTLE LONG DISPUTE TOMORROW



Let Nature Direct You In the Matter of Diet, Says John L. Sullivan

Former Champion Pugilist Favors Eating Just What You "Want."

By JOHN L. SULLIVAN.

the confusion of cranky teachings and as before practices I can't tell unless it be from Sullivan weighed 133 pounds yesterday after working and could get down to 130 without trouble, but Lowe had such short notice there was little dispute newspaper articles to see which can sugness to the weight, and the 133 at 6 p. m. they may have a good laugh over it will leave both strong and at their best. Sullivan was actively preparing for Deshler when the Bostonian broke his arm, and intended to use the victory he anticipated over Dave as and bodily ailments the less we are could not detect certain poisonous drugs. tory he anticipated over Dave as a and bodily ailments the less we are could not detect certain poisonous drugs means of getting a return match with apt to be troubled with them. Lower in its foods if they should be placed Commy Murphy, who knocked out Sul- animals never let such things bother there by man, but no wild animal is livan in Baltimore last spring on a very their minds, and with them-especially going to eat any food containing polso oubtful decision. Another crack at the wild animals furthest removed from placed there by nature. Thus the taste furphy has become Sullivan's main man's knowledge of health conditions— will not serve as an index in warning

be much more dangerous when he goes ture's laws. He does not understand feeds sold in the State in which the against his old-time Washington rival. her language, and may have been dis- are manuf inherited by nature. However, by being "State" foods can be avoided only When Sullivan stopped Lowe at their very submissive to that which he can very efficient State laws, very carefull former meeting, which was November 10, 1905, Sullivan was at his very best.

Why Doctors Fail.

Doctors often are failures in treating people, simply because there are no punch as he had two years two constitutions in the world alike. of the Kid's head off and prevent sician what is best for all constitutions. has a right cross that has caused stand all of them he would have to acof the toughest boys around Philple. But nature understands each sep-This seems like sound reasoning, but arate person perfectly. In nature each the Sullivan contingent declares its idol human being has an individual doctor has not been shattered by hard luck that will watch carefully over his health Murphy, but has as much cleverness tations and not try to superintend the vegetables. Nature tells us it is bette of performing his work and nature's, ley's excessive avoirdupois.
too. Learn to understand nature's As to the time of eating a

they agreed to fight before Herford's nature tells you when it is time to Lowe was not certain about some en- liking and dislike you have for certain night offers him the best time to work gagements made for him in Philadelphia foods, nature tells you what foods your Since the beginning of the world th and was holding off to await develop- system needs and what it does not need. thinkers have thought out the ideas dent and the meeting of next Monday agree with them would be repulsive to have put them into execution in the dayyour appetite and would be harmful for time, and so it will be in all the fu-Sentiment and expert opinion are both yieldly divided in Washington, and the light is creating more talk than any ble which your inrate appetite declares work. other single sporting topic in the city, not even the great pitching of Walter Johnson. When Sullivan and Lowe had their first fight in Baltimore, between 600 and 700 people attended from the Capital, and it is thought that fully that many will go over this time.

ble which your inrate appetite declares to be injurious to you. With your daily habits the same rule holds good. For instance, if the cold bath proves uninviting or offers a shock, that means it is harmful and you should avoid it. Heated water is equally harmful, how-Heated water is equally harmful, how-wrong he does, and is rewarded for all ever, for the water is in an unnatural the right he does. The rule has never

THE LARGEST WHALES.

It is a singular circumstance that the follows on the wording and you can know that it is injurious by the depressed feeling you have been taken within a few hours of each other. Capt. Gilbert Borden states that the first whale was taken after a hard race between hoats from the Wave's boats. The vessels were whaling off the River Platte, and the shock is the best for bathing, and the boats of both ships gave chase. This time fortune favored the boats of both ships gave chase. This time fortune favored the boats of both ships gave chase. This time fortune favored the boats of both ships gave chase. This time fortune favored the boats of both ships gave chase. This time fortune favored the boats of both ships gave chase. This time fortune favored the boats of both ships gave chase. This time fortune favored the boats of both ships gave chase. The vessels were who was then maie of the Pacific, and Captain Baker, who was then maie of the Pacific, and captain baker, who was then maie of the Pacific, and captain baker, who was then maie of the Pacific, and the shock is the best for bathing, according to my belief. Very many people do not take the amount of exercise that nature demands, because their occupations prohibit them from so doing. Probably there is no man at work in an office but would rather be walks. have done.

hus nature is telling him which is better for his health. In such cases a small amount of artificial exercise should be taken to supply the natural requirements. The less exercise you take, the less you are capable of taking, and thus your constitution may become greatly weakened. However, overexer-In What to Eat, the National Food Magazine cise for a person whose occupation does Published at Chicago.) not require it may work harm to the There are lots of crazy ideas going system. After the body is matured the rounds about food and health. Why doubt that as much exercise is needed

Danger of Chemicals.

Murphy has become Sullivan's main object in life, and as he thinks he can good health is the rule and sickness us against foods made harmful by chemacomplish that just as well by putting the exception. The reverse is true of against an opponent who means business from the first tap of the gong. Sullivan saw Lowe fight Eddie Carter In Baltimore two weeks ago, and said yesterday Tommy showed nothing then that would make him lose any sleep.

On He other hand, Jerry McCarthy and the best adviser of ing them. This is true of many showed in the warring to dealth in the rule and sickness and index in warning to dealth in the world against foods made harmful by chemacomplish that is a sain stood made harmful by chemacomplish that just as well by putting the exception. The reverse is true of and well and world be fore that the reed bird and well and world and well and world shade the rule and sickness. Therefore the tendence of the reverse is true of them and the tenfold and well and world shade harmful by chemacomplish that just as well by putting the exception. The reverse is true of large from the exception. The reverse is true of them, and the tenfold and well On the other Lowe men who were at the best doctor the world, and the best adviser of the the other Lowe men who were at the lowe-Carter festivities declare Lowe was in worse form that night than they ever saw him before, and are willing to bet good money that he will be much more dangerous when he goes not understand foods sold in the State in which they are manufacturers in preserving the best doctor in the world, and the best doctor in the world in the best doctor in the world in the world in the best doctor in the world in the best doctor in the world in the world in the world in the world in difficult shooting. The club style, beating his former conqueror by the forwarded to the Comte de Drew world's record for this event, a men world's record for this event, law is amenable only to those foods that making a mark of 49 feet 6½ inches, surpassing the old record by half and the best doctor in the world and should not do to for the French challenge for international matches will be to continually growing in membership, a new world's record for this event, a men world's record for this event, as mark of 49 feet 6½ inches, surpassing the old record by half and the best doctor in the world in difficult. Shooting. The club style, beating his former conqueror by ing them. This is true of many foods and the best doctor in the world in difficult. Shooting. The club style, beating in difficult shooting. The club style in the world in difficult shooting. The club style in the world in the world in difficult shooting. The club style in the world in animals well understand nature's com-mands and they obey them strictly. State food officers, as I have observed State food officers, as I have observed them, are often little men, incompete and of doubtful integrity. I would ad foods made in their State unless the turers engaged in interstate traffic. I tection that I know of under existin conditions! Preservatives are absolute are employed only to hide inferiority

Contradicts Dr. Wiley.

I cannot agree with Dr. Wiley that as not been shattered by hard luck that will watch carefully over his health is better to swallow meat in chunk with McGarry, Unk Russell, and Tommy if he only will be guided by nature's diction to chew it fine, as we should chew and punch as he ever had and that if he job himself. Man is placed on earth to to chew meat thoroughly, and for that and punch as he ever had and that the perform certain important tasks and have that young man's goat so will have that young man's goat so the perform certain important tasks and have that young man's goat so the perform in good contained by the sorrow around the performing them in good contained by the sorrow around the performing them in good contained by the sorrow around the performing them in good contained by the sorrow around the performing them in good contained by the sorrow around the performing them in good contained by the sorrow around the performing them in good contained by the sorrow around the performing them in good contained by the sorrow around the performance of the p badly that there will be sorrow around dition while he is performing them unough mastication makes people fat. Four-and-a-half street for the next five less he arrogates to himself the duty Maybe this fact accounts for Dr. Wi-

Unusually Anxious to Win.

One thing is certain, two Washington fighters were never more anxious to win than Sullivan and Lowe. They have talking, betting stage money.

In certain, two distributions of eating and the time of eating and the time of sleeping, all that should be dictated by nature and your daily occupation. I do not think that the system calls for more than two meals a day, unless you are engaged in herd manual labor. As

Night the Time to Think. club late in September or early in October for a side bet of \$250. Sullivan had always stood ready to post his forfeit of that amount to go as a side bet, but system requires drink. Likewise, by the ments, when Deshler met with his acci- Foods that some people enjoy and that at night and the toilers with the hand

Why Nature Is Best Director of Life

Doctors are often failures be-

Nature is the best doctor, and the best adviser of what to eat. Night offers the best time to work to men who think.

Moral life of man has more to do with his happiness and contentment than all other things

WIND LOWERS ANALOSTANS' SHOOT SCORES

Good Attendance in Spite of Open Reed

re.	Parry or Freeze, working Same.	4.74		
1	The scores:			
h		Shot	at.	Brol
e	Wagner		120	
У	J. Hunter		100	
it	Moffett		95	
- 11	Farnham		85 85	
y	Geyer		75	
У	M. Taylor		65	
e	Coleman		65	
1	C. S. Wilson		65	
16:	Shoup		65	
d	Cox		60	
it	Bruce		60	
I-	Nitro		55	
	Beene		.55	
У	George		50	
У	Dr. Taylor		50	
5-	Wolfe		50	
It!	Parsons		45	
-	James		40	
	Orrison		40	
g	Willis		40	
-	Dutton		40	
ã	Martin		35	
10	Brown		30	
7 9	McClenahan		30	
- 1	Hawes		35	
it	Herring		35	
S	Mather		20	
w	Stein		10	
T				
i i	Class A.			

Class B.

Martin, the much touted Philadelphia however, the practice will be light, make any arrangen middleweight, for the full count in the and will probably be held only in the finally fell through. third round here tonight at the National afternoon.

Martin took a count of nine from a right-hand punch on the jaw in the to football affairs at the Naval Academy second round and went down from a at Annapolis are very optimistic over similar swing in the first minute of the the outlook for the Middles' eleven this third round. Papke was relentless, and fail, and there is good ground for such as soon as Martin struggled to his feet confidence, for with nearly every man he rained a shower of blows on the of last year's team ready to get into Philadelphian. One of these connected his place, and with a bunch of good with the right spot, and Martin went new material, coupled with a ha sprawling on his back for the ten. The arranged schedule leading up to the

EASTERN ATHLETICS TAKE LITTLE DUST FROM WESTERNERS

The Pacific Representatives Distinct Disappointment as Record-Breakers-Naval Academy Dopesters Optimistic-New York Schoolboys Plan Big Season

By MANHATTAN.

lefeats." Mr. Edwards said further: "This year there is a fighting spirit at

Princeton that surpasses anything I have ever seen. Every member of the

football squad, every coach, every un-dergraduate, seems filled with the deter-

nination to win the annual football

in the metropolitan district-J. Ferdinand Poggenburg, Dr. A. B. Miller and

J. G. Jenkins, jr.-have been appointed a committee to draft arrangements for

For the outdoor meets when spring

Athletic Club track, still will be avail-

able, as hitherto. The big boom in amateur track and field athletics, as

tives are doing their part faithfully in

the development of the big organization.

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SHOES

who had heard so much of his mar- follow on the two succeeding Wedneswho had heard so much of his marvelous speed. It is held that one of two things must be true; Either Kelly was out of condition or his record of 9.3-5 for the hundred is phony. When a man who claims a record of 9.3-5 is unplaced who claims a record of 9.3-5 is unplaced to the first time that the Commodorea have in a race where the time of the winner first time that the Commodores have is 10 1-6, something surely is out of kilter. That Kelly was in pretty good habitually turn out the strongest team
get a better one. Darling now has two

No man fiving can cover 23 feet 11 inches in this event who is out of condition.

Kelly's poor running in the 100-yard will about convince the doubters that he is not a real 3-5-second man, and will lead foreigners to the belief that we are manufacturing records; but the A. A. U. is not to be criticised in the matter, for the Western officials brought a trainload of affidavits affirming the authenticity of Kelly's performance, and to have refused to allow the time would have been equivalent to calling some of the biggest men on the coast liars.

Harvard will appear for the first time on the first time of the first time on the first time of the bigsest game of their home season.

After that game the others will be as follows: October 26, La. ayette; November 3, Swarthmore; November 16, Pennsylvania State; November 23, Virginia Polytechnic. Then the team will buckle down to preparations for the battle with the first time of the first time of the first time of the first time of the first time for winning as ny mar who could be found. He trains now for the Duke of Devonshire, Captain Greer (owner of Lord Rosebery), the Earl of Lond Rosebery), the Earl of Lord Rosebery), the Earl of Lord Rosebery). There are now in England six year-lines of the battle with the first time of the bigses.

There are now in England six year-lines of the battle with the first time of the battle with the found. He trains now for the Duke of Devonshire. Captain Greer (owner of Devonshire, Captain Greer (owner of Devonshire, Captain Greer (owner

One thing was demonstrated at Jamestown beyond a doubt. The Irish-American Athletic Club can put into the field the greatest team of athletes that ever contested in an all-round athletic con-test. The wearers of the Winged Fist scored sixty-two points in the various events, nearly three times as many as their nearest competitor, the New York Athletic Club, which scored only twenty-one points.

The Chicago Athletic Association fin ished third, with seventeen points, while the Olympic Club, of San Francisco, cored fourteen; the Boston Athletic As-ociation, nine, and the Multnomah A. A. A., of Portland, Ore., and the University of Oregon, five each. While the score shows the division of the prizes, it does not tell of the manner of winning them, for the members of the Irish-American Club scored in twelve of the

30 inch. Even though the two new records their strength and skill. It is expected team to America under the captaincy of tance in each case, they showed conciusively that the men are capable of Track and field athletic. Track and field athletic

Cooke and Allen, of the Irish-American while Glover, the third man, accom-plished 12 feet. Cooke ultimately won During the indoor season the armories the event on the jump-off.

he event on the jump-off.

The Westerners did remarkably well, their meets, and in addition to the meets taking into consideration they had to run directly by the league, the big in-make a long trip. It was clearly shown, door games of the Irish-American Athowever, that the East has the cream letic Club, the New York Athletic Club, f 20 far the best showing in the record-f 20 breaking line. When three men from boys, all of which will have the sancthe same club finish one, two, three in tion of the league. the five-mile race, as did the Irish-Americans, it is a pretty sure sign that that club is about the best there is in and Celtic Park, the Irish-American

Football "dope" is getting to be plentiful as the time for the opening of exemplified by the growing army of men have signified their intention of com-

Capt. Harold Parker, of the Harvard Athletic Union, is mirrored in the recweek before the opening of the college term. This date was decided upon by Captain Parker and Head Coach Joshua Crane a few days ago, and not only fall and winter months, will be more the players but the full staff of coaches popular than ever during the coming gium. Sweden is already making inwill be present on that day.

Those who are on the inside in regard

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AMERICANS HAVE

LONDON, Sept. 14.-The news from he States that Clarence H. Mackay in-NEW YORK, Sept. 14.—The great Oregon record-breaker, Dan Kelly, may be all his friends on the coast claim for him, but he certainly did not show it at the Jamestown meet.

The navy's season will begin in earneat the Jamestown meet.

The navy's season will begin in earneat the Jamestown meet.

The navy's season will begin in earneat the Jamestown meet. As a matter of fact he was a distinct land at Annapolis. Games with Mary-disappointment to the Eastern amateurs, land Agricultural and St. John's Collège be believed that it was useless for of Mr. Croker's Orby. It had come to

It is said Sam Darling is to train for shape is evident by the fact that he won the broad jump with comparative ease. No man living can cover 23 feet 11 inches in this event who is out of condition.

Nelly a pole with the Middles are likely to have their hands full. On October 19 More and Ard Patrick, and he will appear for the first time on the Academy field and will give the Kelly's pole with the Middles are likely to the More and Ard Patrick, and he will kell the Middles are likely to have their hands full. On October 19 More and Ard Patrick, and he will give the for winning as any man who could be

Princeton is as full of fight as ever she was. "We are going after Yale this year as we never have before," said "Big Bill" Edwards, star guard of former Princeton elevens and now deputy street cleaning commissioner. "Princeton is getting mighty tired of being beaten by Yale at football and her baseball victories do not make up for football defeats." Mr. Edwards said further:

The remarkable shooting of the American rifle team for the Palma trophy at Altarva and the comparatively showing of the British team has given rise to considerable comment. The Post says the score of the Americans not only easily constitutes a world's record, but for all similar contests. The general impresion is that the record will stand for a long time.

Another wrestling champion has come out of Russia and is after the scalp Bird Season.

American Club scored in twelve of the sixteen events, and won nine champion-ships.

Two new American and world's records were created during the competition, and any number of near records season is now open, a large number of shooters gathered at the regular trap shoot of the Analosatan Gun Club.

The weather conditions were favor-biblition was denoted as champion and to be held at the Liederkranz Club on committee to draft arrangements for the proposed international amateur out of Russia and is after the scalp out of Russia and safter the scalp

senting the French Amateur Billiard Asseciation in an endeavor to bring about a great international tournament of amateur billiardists, is thoroughly satis-fied with the outlook. He has received assurances sufficient to warrant the as-New York school boy athletes are look-

beat the old ones by only a short als- by the committee in charge that 1,500 Hesketh Pritchard, was an event in the Track and field athletics, as in the expert cricketers on the American record performances at all times under good conditions.

The spectacle of two men accomplishing E feet 3 inches in the pole vault in E feet 3 inches in the pole vault the league, including elementary schools. for height will not soon be forgotten. Indoor and outdoor ladividual champion. O'Brien will be one of the party. He is ships and relay championships, as well in the veteran class now, but retains all Club, achieved this feat, tieing for first, as high school complonships in all of his old-time ability as a fast runof the tourists from the Emerald Isla

The South African cricket team added another notch to its stick by giving a combined eleven of South Wales sound drubbing. The game was played of the athletes of the country. In addi- the Pastime Athletic Club, as well as at Cardiff, and the Cape cricketers tion, the New York athletes made by the regimental organizations, will have scored 280 in one innings, while the Weishmen could only get 92 and 131 in two sessions. This was the twenty-sevvaal. They won nineteen of these with but three defeats (one again All Engcomes Columbia Oval at Williamsbridge land), and five drawn,

While it is yet too early to form any peting makes it certain that the games Capt. Harold Parker, of the marvaid Athletic Union, is mitroted it team, has issued a call to his men to ords of the number of point winners and competing boys in the offices of the far as the number of entrants is confar as the number of entrant

Basketball, the indoor sport for the Then in the order named, probably season. While several competitions were quiries for the accommodation of sev-"We are going to start in our foot- held in the swimming events last sea- enty competitors, and it may surprise ball work early," said Captain Parker, son, no direct championships were held, many to learn that the Argentine Re-PHILADELPHIA, Pa., Sept. 14.-Bill "and from the very opening we are and although the boys were anxious to public will be very strongly represented, Papke, of Peoria, Ill., dropped Terry going to get down to business. First, have them, the time was too short to especially in the pole vault. It has make any arrangements and the project been suggested by several countries The success of the last shooting tourn- race, finishing in the stadium, but this ment, in which the winner received a would mean the holding up of trainic letter of encouragement written by Pres- for a distance of several miles, and I ident Roosevelt, has made the tourna- am sure the commissioner of police would not entertain such a proposal The league officials are gratified at for a mo their success and all district representa-

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